



new zealand
family planning
association

P.O. Box 576
HAVELOCK NORTH.
Phone: 55-808

THE CARAVAN

THE MOBILE HEALTH CLINIC

THE HAWKES BAY BRANCH OF THE NEW ZEALAND FAMILY PLANNING ASSOCIATION (N.Z.F.P.A.) IS USING A CARAVAN FITTED FOR MEDICAL EXAMINATIONS, AND WHICH IS LENT BY THE NAPIER BRANCH OF THE NATIONAL COUNCIL OF WOMEN, THROUGH YEARS OF THE CHILD TELEPHONE. THE CENTRAL DISTRICT BRANCH OF THE CANCER SOCIETY IS ALSO INVOLVED, PROVIDING MONEY FOR PETROL FOR THE 'GOOD SAMARITAN' WHO TOWS THE CARAVAN AND FOR THE FUEL COSTS OF THE VOLUNTEER CO-ORDINATOR APRIL ARMSTRONG. THE SOCIETY ALSO DONATES POSTERS AND PAMPHLETS. THE N.Z.F.P.A. IS SUBSIDISED BY THE GOVERNMENT BUT THE LOCAL BRANCH CONTRIBUTES TO THE SALARIES OF THE LADY DOCTOR AND NURSE, THEREFORE A CLINIC^{fee} HAS TO BE CHARGED.

THIS CARAVAN CLINIC IS CLASSED AS AN ORDINARY F.P.A. CLINIC SESSION AS ESSENTIALLY THE SAME SERVICES ARE PROVIDED. THESE INCLUDE....

BREAST EXAMINATIONS

CERVICAL SMEARS

PELVIC EXAMINATIONS

BLOOD PRESSURES ARE TAKEN

* CONTRACEPTIVE ADVICE & SUPPLIES ARE GIVEN

ALSO THERE IS HELP WITH MENSTRUATION, ADOLESCENT MENO
PAUSAL & SEXUAL PROBLEMS

THE AIM OF THE SCHEME IS TO REACH WOMEN AT THEIR PLACES OF WORK, THOSE IN ISOLATED PLACES WHO HAVE DIFFICULTY GETTING TO SURGERIES AND SOME WHO MAY NOT BE REGISTERED WITH A G.P. AND ENCOURAGE THEM TO DO SO. MANY WOMEN ENJOY THE INFORMAL ATMOSPHERE OF THE CLINIC TO READ THE PAMPHLETS ETC. AND THE OPPORTUNITY TO TALK ABOUT ANXIETIES AND ASK QUESTIONS.

THE CARAVAN HAS VISITED THE OMAHU. PAKIPAKI, AND TE HAUKE MARAES, THE WHAKATU
ACIFIC,, TOMOANA AND TAKAPAU MEAT WORKS, TAKAPAU TOWN, FLEMINGTON AND

WINGFORD, AND ELSTHORPE. PORANGAHAU.

SERVICE IS THE FIRST OF ITS KIND IN NEW ZEALAND AND ^{USED TO} OPERATED EVERY SECOND

TH WEDNESDAY IN THE MONTH FROM 10 A.M. - 2.30 P.M. BUT NOW WHEN REQUESTED

12 PATIENTS ATTENDING IS REQUIRED. FOR FURTHER INFORMATION

BN 68-706

NOW PAID FOR RECEPTION DUTIES).

MOBILE HEALTH CLINIC WAS DISBANDED IN 1985. BECAME TOO COSTLY.

THE MOBILE CLINIC'S PROGRAMME WAS AS FOLLOWS:-

- 1) INFORMATION ON ALL METHODS OF CONTRACEPTION AND SUPPLIES PROVIDED.
 - 2) BREAST EXAMINATION AND CERVICAL SMEARS PLUS PELVIC EXAMINATIONS.
(SMEARS PUT IN CARAVAN REFRIGERATOR AND TAKEN TO ROYSTON LABORATORY IMMEDIATELY)
 - 3) TESTS FOR STD'S (NOW CALLED SEXUALLY TRANSMITTED INFECTIONS, STI'S)
 - 4) BLOOD PRESSURES TAKEN ESPECIALLY WHEN ADMINISTERING THE CONTRACEPTIVE PILL, AND IUD
 - 5) HELP WITH MENSTRUATION, AND ADOLESCENT, MENOPAUSAL AND SEXUAL PROBLEMS.
 - 7) REFERRALS FOR TUBAL LIGATIONS, (THERE WAS ONE FOR A VASCECTOMY!)
- ALL DETAILS OF PATIENTS HEALTH OR OTHER PROBLEMS WERE REFERRED BACK TO THEIR G.P's.

THIS WAS A PILOT SCHEME THE FIRST OF ITS KIND IN NEW ZEALAND.

WE HAD GOOD FEED BACK FROM FREELING WORKS, OTHER PLACES OF WORK & ISOLATED SMALL TOWNS EVEN A SMALL GOLF CLUB! POOR RESPONSE FROM MARAES, DISCUSSED THIS WITH

WINNIE MAJOR THE MAORI HEALTH NURSE:- a) ANTAGONISM FROM MALES (IE IF WOMAN INJECTED WITH DEPO-PROVERA OR IUD, HAD TO KEEP IT SECRET, SOMETHING TO DO WITH THEIR VIRILITY! b) WHAT ARE 2 PDMS (LIBBY, APRIL) WORRYING ABOUT US FOR?!! MARAES DID NOT LIKE APRIL PUTTING UP NOTICES, BUT NO-ONE INFORMED HER OF THIS.

THE HEALTH DEPARTMENT MAINTAINED THE CARAVAN, PAID LICENCE & WOF, POST OFFICE ALLOWED IT TO BE PARKED IN ITS DEPOT AREA. JAN PRILE HAD ONE KEY, APRIL ARMSTRONG THE OTHER.

AMUSING OR OTHERWISE ANECDOTES OF MOBILE CLINIC VISITS.

AT TAKAPAU JOHN HURST LOOKED AFTER LIBBY'S LABRADOR WHICH WAS ON HEAT, BUT RESULT? HE BITCH GOT PREGNANT, VERY ODD PUPS. (WHILST LIBBY WAS FITTING IUD'S ETC!)

APRIL ARRANGED FOR VISIT TO TE HAUKE MARAE AND PROMISED PATIENTS, THEY ALL WENT TOMATO PICKING!!

OR THE TIME WE WENT TO TAKAPAU TOWNSHIP & LIBBY WAS IN THE MIDDLE OF A PELVIC EXAMINATION AND THE POWER WENT OFF! NO ANGLEPOISE LAMP! APRIL FLEW AROUND AND FOUND OUT THAT THERE WAS A METER, SO QUICKLY FOUND 50 CENTS AND SANITY WAS RESTORED, NO ONE TOLD HER THAT THE 'TOWN HALL' HAD A METER! (CARAVAN HAD TO BE HOOKED UP TO POWER POINT WHEREVER!)



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FEED BACK RESULTS FROM CARAVAN VISITS IE. MOBILE CLINIC

-) SOME POOR RESPONSES FROM FREEZING WORKS G.P.'S VIA INDUSTRIAL NURSES, BUT GOOD "RAPPORT" AT TAKAPAU MEAT WORKS & EXCELLENT INDUSTRIAL NURSE.
-) AFTER TALK WITH HEALTH + EDUCATION MAORI NURSE REACTION FROM MAORI LADIES: -
 -) EMBARRASSMENT, NOT WANTING MEN TO SEE THEM GOING INTO MOBILE CLINIC.
 -) NOT VERY KEEN ON PELVIC EXAMINATIONS (ESSENTIAL WHEN CARRYING OUT CERVICAL SHEARS ACCORDING TO GENERAL PRACTITIONERS)
 -) BACK CHAT FROM OTHERS (IE "WHAT WERE YOU GOING IN THERE FOR?" "CHAUVINISTIC HUSBANDS, REMARKS & ACTIONS, EG. MAN GETS RAGGED BY OTHER MEN FOR NOT PRODUCING MORE CHILDREN!") MANY LADIES IN DEPO-PROVERA DO NOT TELL THEIR HUSBANDS OR PARTNERS.
 - 1. THE FEE IS DIFFICULT TO FIND IN ONE WEEK BY SOME, SUGGESTED THAT IT WOULD BE GOOD TO CONTRIBUTE SOME OF FEE WEEKLY BEFORE VISIT TO CLINIC. POSSIBLE IF SOME ONE ON MARAE WAS INTERESTED ENOUGH TO ARRANGE THIS, AS LADIES TEND TO SPEND ON CHILDREN & HOUSE ITEMS RATHER THAN THEMSELVES.
 - 2. DO NOT LIKE POSTERS PUT UP IN THEIR EATING PLACES, IN MARAES. (I DID NOT REALISE THIS & NO-ONE ENLIGHTENED ME).
 - 3. A VERY FEW (ONE!) INDUSTRIAL NURSE NOT SYMPATHETIC.
 - 4. RE-ACTION AGAINST 2 POMS: IE DR LIBBY SMALES & SELF. WOULD BE BETTER TO BE RUN BY MAORI DRS & NURSES & HACS (RECEPTIONISTS). WHAT ARE A COUPLE OF POMS WORRYING ABOUT US FOR?), HORRIBLE BUT UNDERSTANDABLE.
 - 5. SUGGESTIONS: - DRS & NURSES MAKE APPOINTMENT WITH ELDERS TO TALK TO LADIES (& MEN!) ON MARAE BEFORE CLINIC VISIT. TRY & BE INVITED).
- . RECORDING SERVICE FOR PATIENTS: - TO REMIND THEM WHEN TO HAVE I.P. INJECTIONS & CERVICAL SHEARS. (SIMILAR TO DENTIST APPOINTMENTS)

Success!



Ms Meyer, right, with Ms Nia Nia.

Cervical screening campaign targets Flaxmere women

A two-week programme to encourage Flaxmere women to have cervical smears will begin on Monday.

The exercise is being mounted by the community health division of Health Care Hawke's Bay and is being run by cervical screening programme co-ordinator Alannah Meyer, assisted by Maori co-ordinator Maraea Nia Nia.

Flaxmere public health nurses Pauline Osmond and Linda St George will also help.

The team will run education sessions, a static display outside the Social Welfare offices next Thursday, display posters and billboards and distribute flyers in the supermarket shopping bags.

During the second week there will be free screening clinics at the Flaxmere Family Centre on Wednesday, Thursday and Friday and a free smear day will be held at the old antenatal clinic at the Memorial Hospital, Hastings, on Saturday, March 26.

Ms Meyer said the Flaxmere project was particularly aimed at Maori women as the incidents rate for cervical cancer among Maori women is more than twice the non Maori rate.

The programme will emphasise the need for regular smears and inform women about their choices of having the smear provided by a general practitioner, practice nurse, or at a family planning or cervical screening programme clinic.

* ONLY 12 YEARS AFTER DR LIBBY SEALES AND APRIL ARMSTRONG INTRODUCED A PLOT SCHEME

Yours sincerely,
P. P. June B. Smith,
Hon. Secretary

Kind regards,
We are pleased the service is being appreciated and wish you well with future engagements.

Attached please find our Cheque for \$60.00 being the Society's quarterly contribution towards running costs of the Mobile Clinic.

Dear April,

Mrs. T. April Armstrong,
905 Tawa Street,
Hastings

P.O. Box 231
Havelock North
27. 1.82

Cancer Society of New Zealand
Hawke's Bay Centre

HISTORICAL BACKGROUND TO THE NEW ZEALAND FAMILY PLANNING ASSOC. INC.

Although Family Planning movements began about 1920 in Britain and the United States, it was

- 1936 when the SEX HYGIENE AND BIRTH REGULATION SOCIETY was formed in N.Z. with Headquarters in Wellington.
- 1937 The MacMillan Report on the Various Aspects of Abortion proved that the majority of women dying as the result of illegal abortion were married women with 4 or more children. The Report recommended the establishment of Birth Control Clinics in public hospitals.
The 5 British Birth Control Societies amalgamated under the name of the Family Planning Association.
- 1939 The Sex Hygiene and Birth Regulation Society changed its name to the N.Z. Family Planning Association and affiliated to the British Assn.
The Headquarters moved to Auckland where (except from 1958-60) they have since remained.
- 1945 The Auckland Branch sponsored the Family Guidance Centre which provides a family counselling service. The organisation became separate to avoid religious antagonism.
- 1946 Mrs Marie Griffin (Dominion President) gave evidence on Dominion Population to the Parliamentary Select Committee.
- 1950 First Dominion Conference at Lower Hutt.
- 1953 First Family Planning Clinic opened in Remuera, Auckland.
(Area chosen on account of sympathetic landlord.)
- 1955 Became an associate member of the International Planned Parenthood Federation.
- 1956 Second Clinic opened at Christchurch.
- 1958 Headquarters moved to Christchurch. Mrs Phyllis Zeff became Dominion President.
- 1959 Became full members of the IPPF.
Formation of the Medical Advisory Committee
The Society became incorporated.
- 1960 Headquarters moved to Auckland. Dr. Alice Bush became President.
- 1961 Accepted by the British Medical Association.
- 1963 First copy of CHOICE (official magazine) printed.
- 1964 First represented on the South East Asia and Oceania Regional Council of IPPF.
- 1966 First represented at meeting of the Governing Body of IPPF.
- 1969 The Governor General, Sir Arthur Porritt, GCMG, GCVO, CBE, became Patron.
- 1970 Submissions to the Royal Commission on Social Security.
- 1971 Formation of National Medical Advisory Council under the Chairmanship of the Post Graduate Professor of Obstetrics and Gynaecology with members from the Medical Schools, University, Health Department and FPA.
- 1971 The NZ Government made a grant of \$25,000 for population control activities, to be distributed in the ratio of 3 : 1 to the United Nations Fund for Population Activities and the IPPF.
- 1971 The Health Department accepted family planning as an important health measure, and staff allowed to refer women to family doctor or clinic for contraceptive advice.

- 2
- 1971 The first in-service training session of Health Department and FPA doctors at National Women's Hospital. This was a prelude to allowing Health Department doctors to work in FPA clinics (on invitation) in departmental time and at departmental expense.
 - 1971 Government grant of \$10,500 for 1972-73. This included a grant of \$2,500 subsidising medical salaries in respect of losses occasioned by indigent patients; \$3,500 towards equipment for the setting up of "approved" clinics; and \$4,500 for health education material.
 - 1972 Appointment of Executive Secretary.
 - 1972 Report on the New Zealand laws as they affect family planning.
 - 1972 Christchurch branch made Capping Day charity by Canterbury students.
 - 1972 International Planned Parenthood Federation (IPPF) upgraded to full consultative status with the United Nations Special Agencies - UNFPA, ECOSOC, WHO, ECAFE, FAO and ILO.
 - 1976 The Government agreed to a subsidy formula under which it reimbursed the Association for salaries to doctors, nurses and health assistants (receptionists). The subsidy was \$1.8M. This same subsidy till 1981
 - 1975 The Hawke's Bay Branch of the New Zealand Family Planning Assn was formed (See below).
 - 1985 The Association underwent a complete "review" which was completed in September 1986. The Constitution was modified and ratified in October 1987, each Branch becoming a service area in Northern, Central and Southern regions. There are eleven (11) service areas (1993).

Since the late 1970's there has been increasing emphasis on education culminating in various publications and TV programmes. The subsidy has gradually increased to \$4½M in 1992 year. In June 1993 the NZFPA signed its first Regional Health Authority Contract (RHA)

SINCE THEN THE NZFPA HAS PROGRESSED TO SETTING UP CLINICS IN THE PACIFIC ISLANDS AND HAS SIZEABLE GOVERNMENT MONETARY HELP. EDUCATION IN SCHOOLS IS ALSO AN IMPORTANT PART OF THE ASSOCIATION'S PROGRAMMES.

HISTORY OF THE HAWKE'S BAY BRANCH OF THE N.Z.F.P.A.

(Now Hawke's Bay Service Area)

- 1975 - Public meeting in Clive; steering committee formed. Constitution ratified and President, Secretary/Treasurer and Committee members elected. Clinic in Hastings and Napier opened. Much owed to dedicated volunteers.
Hastings in Ministry of Transport building in Eastbourne Street. (Also where the Health Department operated)
Napier opened in the Crippled Children's rooms in Raffles Street.
- 1981 - A caravan was utilised as a mobile health clinic, also family planning. Staffed by latter's doctors, nurses and receptionists. It visited maraes, freezing works and other places of work till 1985. The caravan was donated by the National Council of Women to the people of Hawke's Bay through donations to the "Year of the Child" Telethon 1978. After 1985 "suitcase" doctors and nurses took over.
- 1985 - Hastings clinic moved to Flaxmere Family Centre in Swansea Road because previous premises were required by the Probation Service. Clinics operated second and fourth Mondays in Hastings, first and third Mondays in Napier.
- 1987 - A permanent base was found in Duke Street, Hastings when the Branch bought and renovated an old butcher's shop (later clothes) in that street (No.1022) The NZFPA national office now runs the clinic and President and Committee members no longer exist, staff being accountable to the Central Region, main office in Wellington.

History of H B Branch, cont:

1990 - The Napier clinic in Raffles Street closed. There are plans to open another clinic in Napier shortly. ONE IN HERCHELL STREET OPENED.

Education programmes were started in the late 1970's and are continuing.

Equiries for clinic appointments: Phone 876 6399

Enquiries for education programmes: Phone 844 5579

IN 1987 THE NATIONAL COUNCIL OF FPA DECIDED TO CLOSE ALL THE CLINICS IN HASTINGS AND NAPIER. DUE TO FALLING OFF OF DEMAND. POSSIBLY DUE TO MANY GENERAL PRACTITIONERS BEING FEMALE IN THE AREA, AND THEY ADVISING ON CONTRACEPTION TO PATIENTS.

THE INTERNATIONAL PLANNED PARENTHOOD FEDERATION

The NZFPA is a member of the South East Asia and Oceania Region of the IPPF. The Federation has 79 member countries (as at July 1972). Only one Association per country is accepted for membership and this Association must be a nationally organised body.

New Zealand sends two delegates to the Annual Meeting of the SEA & O Region and is at present represented on a number of committees.

The Federation may be counted as clearing house for all international information. It disseminates information from medical research and other educational material and organises conferences, workshops, etc. The Federation is responsible for the distribution of monies donated to those countries with the greatest need.

These are basically New Zealand facts, but obviously the Association has been affected by happenings overseas, e.g. changed attitudes of Protestant churches, relationships with various agencies of U.N, opinions of Royalty, the effects of over-population on developing countries, and the concern for conservation in our own country.

IN 1990 SALE OR DISPOSAL ETC OF CONTRACEPTIVES TO CHILDREN

- 1) SECTION 3 OF THE PRINCIPAL ACT (C.S.A ACT) IS HEREBY REPEALED. (THEREFORE NO AGE LIMIT)
- 2) Section 2 of THE PRINCIPAL ACT ^(C.S.A ACT) IS HEREBY CONSEQUENTIALLY AMENDED BY REPEALING THE DEFINITION OF THE TERM "FAMILY PLANNING CLINIC" THIS WAS DONE SO THAT "NATURAL FAMILY PLANNING CENTRES" COULD BE INCLUDED TO MEAN ALL FAMILY PLANNING CLINICS.