

May 1988

WAIWHARE WIRE

Looking
At The
Details

3rd May

Le Editorial

Well now that summer is on it's way out and those long hot sunny day (all four of them) are being replaced by cooler nights and the occasional cyclone. I guess it is time to ponder about the future, we could look at it from an economic point of view, but the least we ponder about that the better. We could look at it from a political view but let's quickly ponder about something else. How about sport? nothing much happening here either except perhaps the looking forward to some mischief now that the Golf Season has started again. Let's look at the news, but that has been really gory lately so let's get off that subject as well.

So what can we ponder about? Well nothing really so what is the point of me writing all this guff anyway? Well I guess it could serve as an introduction to this issue of the wire ... but I have to be carefull here, because after reading to this stage you might as well forget the rest and turn your attention to the economic or political situation.

Anyway Graeme Fountaine has done really well and certainly desrves congratulations from us all on a magnificent effort in winning the Hawkes Bay Farmer of the Year on Friday (and spending all day Saturday suffering for it) So "hic" well done Graeme.

Also what a pleasing result the School attained in the Hawkes Bay Gymnastic Festival. Not only did our top team, Lizzy, Jessie, Kathryn and Vicky Barnett gain a first placing but our second and third teams came within the top six placings in the event. An excellent effort and something that I feel really proud about. Ofcourse Pam and Marion deserve a thunderous pat on the back for all their hard work of coaching and guiding our pupils to such a high standard.

Young Doctors

Cathy Worsley spent a miserable week suffering from an acute pain last week, but after the offending organ was surgically removed she feels much better now. She is presently recovering at home from an apendix operation, and still smiling (we hope) All the best for a speedy recovery Cathy.

Coded Message

I recieved this message from Christine I hope you are able to understand it. It reads "pony Club 15th"

Welcome

A district welcome to Rina and Des Henare and their daughters Lani and Charlene. The Henares abode is on Graeme Fountaines Property.

Social Cricket

The enthusiasm shown by all those who participated in the cricket matches held during the summer was really encouraging and it was pleasing to see the enjoyable spirit in which the games were played, from the injury

prone match against Duke to the thrashing of Sherenden, to the tense finish against Dennis Schaws invitation team at Cnga Cnga (I believe Den only needed to invite three players, the rest were made up of brothers and brothers-in-law).

I guess we now have a good base to begin next season with and I plan to have a meeting around September to discuss where we want to go for the Summer and what we will need to do to get everything ready.

Dave Hildreth has managed to acquire a couple of indoor cricket nets on a long term lone basis. One will be going up at the School. The other could be used during the summer for social games and practices. What do you think?

School Crutching

Many thanks to all those who helped out in the School Crutching last Saturday. Another succesful day was had from the Schools point of view with about \$700 being raised for the effort. On behalf of the Committee, teachers and children many thanks.

The judging panel of the 'Farmer of the Year' deliberating whilst being shown around a local farm, around the time of the Waiwhare Sports.



Flower Power

The Treasurer's face was full of dread,
Our bank account was in the red,
Then some bright spark exclaimed - 'I know!'
Why don't we have a flower show.

A meeting was held, old programmes were scanned,
A small glass of wine, and our programme was planned,
Cut blooms, sewing and children's hat making,
Photography, handcraft and the odd bit of baking.

The Mums turned up on Friday Morning,
To drag the trestles from under the flooring,
And then when Saturday morning came,
There they were, all there again.

The entries flowed in, the judging was done,
On flowers and knitting and hot cross buns,
The locals came to give their support,
And see what talent the district can sport.

Our President welcomed the folk to the hall,
Then proceeded to scoop the most points overall,
From the children, a thanks to our Dads and our Mums,
As Sherenden Playcentre now has some funds.

For Sale

Apples for Sale ring Kirsty Smith ph435.

What?

By Kathryn

I saw a bird begin to fly,
What?

I saw a pig being let into a sty,
What?

I saw a cat catch a mouse,
What?

I saw a fire in a house,
What?

I saw a robber steal a pearl,
What?

I saw a what what girl,
What?

A True Story By Philipa

It was just a normal school day, we were having breakfast when Mr Hall knocked on our door. Mum opened it. 'Hi', said Mr Hall 'The bridge at the bottom of the gorge is impassible Mrs Croad went down there in the car to go to school and she couldn't get across, so I don't think you will be going to school today'.

'Yay!' we all said.

We rang the Whites, 'We can't get down anyway' said Mrs White 'About half a dozen trees and a couple of slips are covering the road' The forestry couldn't get across the bridge and there was a slip on Mr Roydhouse's hill so they couldn't get in the back way.

In the meantime Mrs Croad had got across with the motorbike and was at school. Mum rang Mrs Goulding to tell her not to come in. She was going to ring Mr Simons. Mum rang the school, Mr Simons said Mrs Croad was at school and the bus went home, because the school was closed for the day.

Next minute Mr Croad came over and asked Mum if she could ring the school and tell Mrs Croad to come home. The bridge was going to give out and if Mrs Croad was over the other side she couldn't get back. About 10 minutes after Mrs Croad had left school, Mum got a call from Mrs Gunson to say the forestry had said the bridge was out.

Dad and Mr Croad met Mr White down the bottom of the gorge. They got Mrs Croad over the bridge then they came home. Dad said the forestry was wrong because Mrs Croad was back home. Dad went out on the farm with Duncan when they got back they were really wet. After about half an hour we all went down to the gorge to see the damage the water had done to the bridge.

Well, first of all, the culvert had got blocked which caused the water to overflow on to the road which made the tar seal lift. We had a great big hole on our side of the bridge leaving only about a metre to cross over with a motor bike. Then we went up the Tareha Road. We got about three hundred metres when the whole road was covered by a great big slip.

We turned and went home, we went down the lane. It was covered with water we couldn't get all the way down either. Dad rang Mr Mcfail and he said Dad was kidding him. Mum rang Gran in Wellington and Gran also said 'You must be kidding'. I rang Nicholette and she said she couldn't believe it either.

I think everyone in this district lost something. Mr Roydhouse had a big slip which went over his deer fence and he lost ten deer, but nine came back. Mr Lawrence was stuck up at Wairoa. The hill beside their house had slipped away and some of it had gone into the swimming pool.

Dad went down to the gorge and said the drums the county boys had put on had floated down the river. Now we couldn't get to the bridge, there was a four metre gap and we would just have to wait for the bridge to be fixed.

About one o'clock the next day the county boys came down to the bridge with five trucks full with rotten rock filling up the hole beside the bridge

Dad and I went up to the Royhouse's on the motor bikes. It was wonderful, we saw the damage the rain had done.

We stayed there fixing the fences. We left about four o'clock and went home down the road past the forestry camp. The bridge had been fixed.

The next day we had to go to school so we only got two days off.

Sally by Elizabeth

The first day I brushed my teeth was when I turned nine. I got out a tooth brush and then I squeezed a cupfull of toothpaste into my mouth. Then I put anticeptic on my brush and went to put it in my mouth. Hang on I've missed out something. The white paint. I dipped my tooth brush in. Now I must be ready. I went to put the brush in my mouth and Ma walked in. "What have you got on that brush." "Oh some paste Ma what else" "Okay" then Ma left. About an hour later I walked out. My teeth were white as white and my mouth was sparkling. Ma said "Keep it up dear".

Farewell

Due to the District Nurses being re-shuffled by the Health Dept. Margaret Martin is going to Raureka, Camberley Area. Margaret Osterman will take her place from the 27th May next term. I'm sure we will all find this a sad loss.

Recipe Books

There are still a lot of recipe books to be sold and ideas would be appreciated on how we can sell them. Please remember that the money raised from these books will benefit your children and that it should not be left up to just a few people to dispose of them. To date about \$1000 (ne has been raised and we could receive another \$500 if a few more people would support this worthy cause. Also, a plea for outstanding money and/or unsold books to be sent back to school or to me.

Linda Ward.

Waiwhare Sports Day

The continuation of the Waiwhare Sports Day seems assured with the success of this years sports yet again. There were a lot of worried committee members in the week preceding the day because of the unsettled weather, but on the day itself the weather was kind to us. There were also a lot of worried committee members wives on the day after.

Our new Secretary, Roger Tough, fitted into his new role extremely well and the P.A. System he has installed proved to be a real asset.

All events were as popular as ever, the children's bike events being particularly successful. We were appreciative once again of all the donated prizes. A small but reasonable profit was made on the day and we can now look forward to next years event. The chairman has promised that there will be no hi-jinks next year.

Squash

Opening Day Sunday 8th 1p.m. starting with quick working bee followed by Yankee Scoring Tournament.

Pot Luck Tea two plates per family please (fingerfood)

Refreshments available

New members welcome

Enquiries Jill ph839 Leonie ph471.

Clay Bird Shoot

The annual eye opener for duck shooting was held on Sunday 1st May at George Sheilds airstrip. The shoot was well attended with about twenty shooters taking part.

The clays were kindly donated by the Social Club where some shooters retired to drown their sorrows or expound their prowess after the event.

A number of shooters have expressed interest in holding these events more often, so we shall investigate this possibility. Anybody interested in this could give me a ring on 896 so we can guage the overall interest.

Thanks to all who attended and especially the Club and George.

Roger Tough

COMMUNITY COMMENT.

There are a wide range of illnesses associated with Psychiatry. Some of these include Schizophrenia, manic Depressive, Anorexia, Bulimia, alcohol related depression, post-natal depression, Alzheimers disease, behavioural. So there are many ways in which we treat these problems.

Hastings Psychiatric Unit can accommodate up to 28 patients. Ten of these beds are for acute admissions and we have a separate wing for this purpose.

Not being a high security unit, we cannot hold sectioned patients. Therefore badly disturbed patients who are a threat to themselves or the community are sectioned by a Psychiatrist and a court judge, to have intensive treatment. Our patients are usually transferred to Lake Alice or Porirua Hospitals. Some may come back to us for continued treatment. They are still sectioned, but have trial leave. If they regress they are transferred straight back to whichever hospital they came from. Treatment includes drug therapy and electric shock therapy to a lesser extent, both are effective. Occupational therapy plays a large part in giving the patient good living skills and to build confidence. Also helps to assess their progress.

We encourage patients to be as independent as possible. This can help them to get back out into the community sooner. We have a daily programme and each patient is expected to adhere to it. Day patients also come in from 8:30 - 4p.m. and join in the programme. Each patient is assigned to a team, depending on who their psychiatrist is, usually group therapy sessions are held each day. Nurses are very much involved here as well.

Observing and reporting on patients condition is essential, their needs vary greatly, so therefore each patient has his or her own nursing care plan which is drawn up by nursing staff on admission and evaluated daily.

An in-depth knowledge of patients history is required. At the change of each duty a written and verbal report is given of each patient to on-coming staff. This of course helps to keep continuity from shift to shift.

We encourage relatives to be involved and a relative support group meets once a week.

Some patients who have a poor prognosis may need to be on medications indefinitely, and certain drugs do cause side effects, but there are drugs to counteract these. Others need long acting injections, so they come to the unit every 2-4 weeks for these. They are also constantly monitored by way of blood tests to avoid toxicity.

There is always the possibility of violence or an emergency. Nurses are expected to know how to deal with such events and to minimize danger to others, and themselves. We have an alarm system throughout the unit. Ward rounds are done every 15 mins and must know patients whereabouts at all times. The Police are available to assist us if necessary. Nurses meetings are held once a week.

As nurses, we work as a team with Psychiatrists, Psychologists, Occupational Therapists, also Social Workers. We are encouraged and given freedom to apply our knowledge, and only by complete involvement and continued awareness of patients changing needs, can we assist them towards optimal mental and physical health.

I find this area of nursing both interesting and stimulating I hope you have been enlightened.

Helen Ward.

26th MAY FARMER OF THE YEAR DAY AT G. FOUNTAINE'S

The school has been offered the chance of catering for afternoon tea for this event, and has accepted.

We will be charging \$2.00 per head.

300+ have turned up to the Farmer of the year on a good day.

Could every family please make TWO plates. Help will also be required for sandwiches, fillings, milk, serving etc.

Contact: Diane Arthur Ph: 872.

There will be a reminder sent out before the 26th.